



**The Integrative Center
for
Health & Wellness**

Shira Miller, M.D.

Founder and Medical Director

562 S. San Vicente Blvd.

Los Angeles, CA 90048

(p) 310-734-8864 (f) 310-943-6345

info@shiramillermd.com

www.integrativecenter.com

"My purpose is to deliver great cutting-edge integrative medicine in a private, caring, and unhurried environment." - Dr. Miller

Dr. Shira Miller is conventionally trained and board-certified in internal medicine. She also specializes in integrative, wellness, holistic, functional, complementary, alternative, orthomolecular, and age management medicine.

Education

1992-1996 B.A. Philosophy, University of California, San Diego

1992-1996 B.S. Biochemistry and Cell Biology, University of California, San Diego

1996 Massage Therapy – Body Mind College, San Diego, CA

1997-1998 M.S. Biological and Physical Sciences, Touro College, NY

1998-2002 M.D. Technion - Israel Institute of Technology

2008 Cenegenics Age Management Physician Training & Certification - Las Vegas, NV

Work Experience

1996-1997 Schaefer Ambulance Service, San Diego, CA – *Emergency Medical Technician*

1996-1997 UC San Diego, Hyperbaric Chamber - *EMT/ Inside Observer*

2002-2003 Brockton Hospital, Transitional Year, Brockton, MA - *Intern Physician*

2003-2006 Highland Hospital, Primary Care/Internal Medicine, Oakland, CA - *Resident*

2004-2006 Children's Hospital Oakland Research Institute - *Clinical Research Consultant*

2006-2008 Veterans Affairs, Outpatient Clinic, Oakland, CA - *Urgent Care Physician*

2007-2007 San Francisco Preventive Medical Group - *Integrative Medicine Physician*

2007-2009 Private Practice, Emeryville, CA – *Founder, Integrative Medicine Physician*

2008-2009 Cenegenics Medical Institute, Las Vegas, NV – *Institute Physician*

2009–2010 The Hall Center, Santa Monica, CA – *Integrative Medicine Physician*

Research

2004–2006 Children's Hospital Oakland Research Institute (CHORI), Berkeley, CA.

Principal Investigator: R. Krauss; *Clinical Research Consultant*

“Effects of Vaccenic Acid on Lipoprotein Profiles: A Pilot Study” (Awarded)

“A Randomized Clinical Trial of Policosanol for Lowering LDL Cholesterol”

2000–2001 Israel Naval Medical Institute, Motion Sickness Laboratory, Haifa. Principal Investigator: A. Shupak; *Research Assistant*

1993–1994 University of California, San Diego Medical Center, Department of Psychiatry, Principal Investigator: J. Kelsoe; *Laboratory Apprentice*

Publications

2007 Miller S. *Solar Power for Optimal Health by Marc Sorenson*, Book Review, Journal of Orthomolecular Medicine, 2007 Vol. 22, No. 3: 162.

2003 Shupak A, Gil A, Nachum Z, Miller S, Gordon C, Tal D. *Inner Ear Decompression Sickness and Inner Ear Barotrauma in Recreational Divers: A Long-Term Follow -Up*. Laryngoscope. 2003 Dec; 113(12): 2141-7.

Memberships and Appointments

1995 Americans for Free Choice in Medicine

2005 American College for Advancement in Medicine (ACAM)

2006 Association of American Physicians and Surgeons

2006 Society for Orthomolecular Health Medicine

2006 The Institute for Functional Medicine

2007 American Academy of Anti-Aging Medicine

2008 Age Management Medicine Group

2009 ACAM Member of Board of Directors

2009 ACAM Chairperson of Student and Resident Program

Shira Miller, M.D.
The Integrative Center
for
Health & Wellness
562 S. San Vicente Blvd., Los Angeles, CA 90048
(p) 310-734-8864 (f) 310-943-6345
info@shiramillermid.com
www.integrativecenter.com